



All it takes
is earth,
water,
sunlight,
and
hard work
to save
a community.

SWEAT EQUITY

METRO FARMING FILM PROJECT

presents

SWEAT EQUITY

68:32 (Home Video)
56:40 (Television)

SWEAT EQUITY is a documentary about creating community gardens from vacant city land.

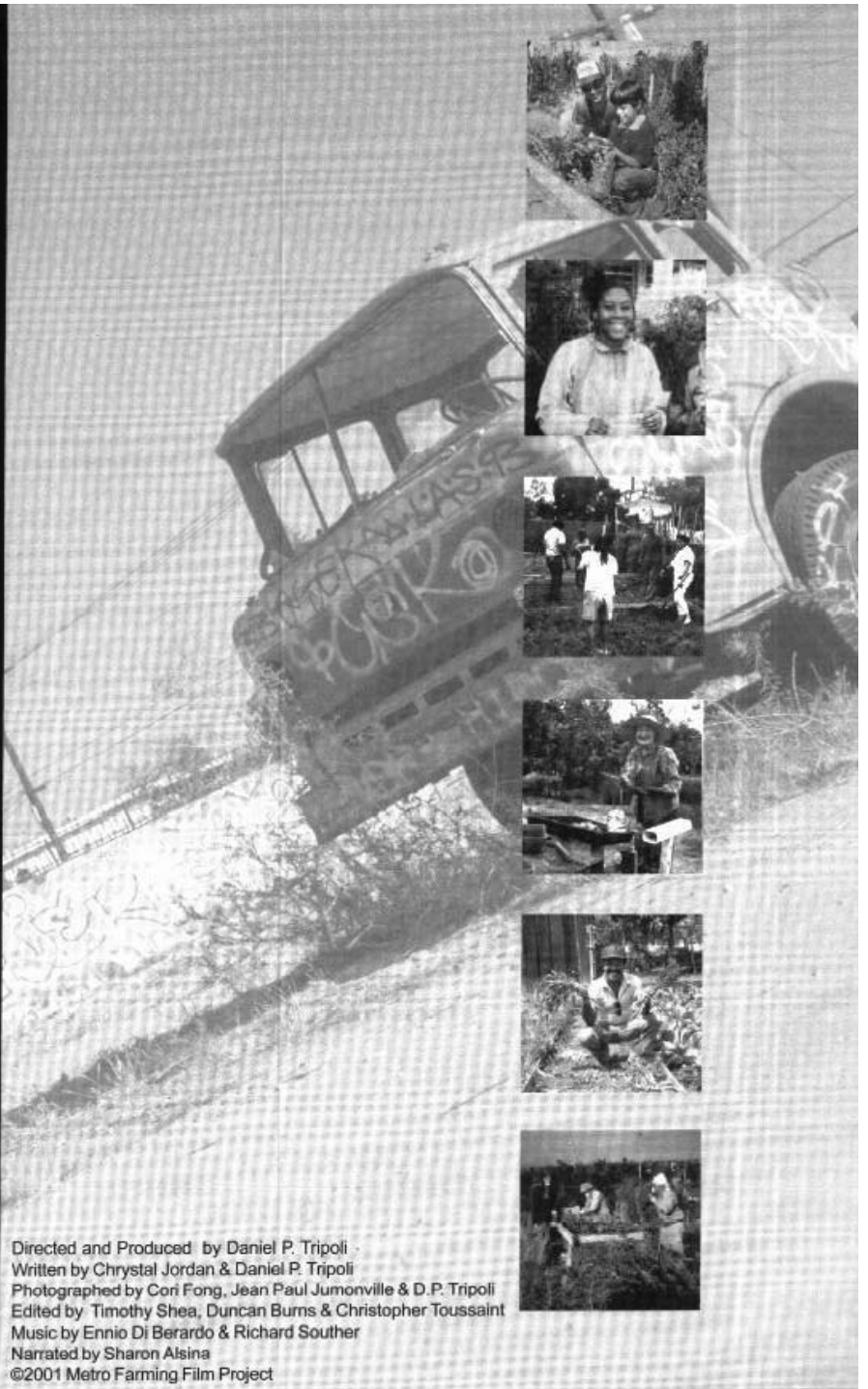
Set against the sprawling metropolis of Los Angeles, the film is a collection of diverse urban stories focusing on the collective efforts of individuals who have taken decisive action in transforming their neighborhoods, from the oppressive realities of urban blight, by creating community gardens.

Through the inspiring stories of those whose ploughshares are cultivating hope and life on these city visions, we learn the important relationship urban gardening has to community and ultimately, ourselves.

Contact Information:

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Written by Chrystal Jordan & Daniel P. Tripoli
Photographed by Cori Fong, Jean Paul Jumonville & D.P. Tripoli
Edited by Timothy Shea, Duncan Burns & Christopher Toussaint
Music by Ennio Di Berardo & Richard Souther
Narrated by Sharon Altsina
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